The Sanatorium by Sarah Pearse

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This mystery thriller set in the Swiss Alps is sure to send some shivers down your spine. In Sarah Pearse’s novel, The Sanatorium, Elin and her boyfriend are invited to her brother’s engagement party at a lavish new hotel secluded in the mountains. It’s been years since she last saw her brother, and tension is still bubbling ever since an accident with their younger brother. But before the celebration can start, Elin is thrust into a dangerous game after someone finds a body buried in the snow. This may be the first victim, but certainly not the last. Due to an avalanche, police forces are unable to investigate, so Elin, being the only one with detective training, is left to uncover who is behind the gruesome murders and piece together the unsettling history of the sanatorium.

I was first intrigued by this book because of its eerie cover. The misty setting and blizzard made me curious, and it certainly reflects the mystery and horror aspects of the story. I believe the main character is relatable to since she struggles with her own demons like everyone else. Whether she is facing the past or preparing for the future, her feelings of grief and uncertainty can be understandable.

I liked this novel and would rate it 9/10, it is perfect for people who don’t mind being a little scared and those who enjoy a good mystery full of twists. I would recommend this for readers 16 and older because of some serious themes and occasional graphic descriptions.

Submitted by:
Lucia Z.